

CROSS TRAINING

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
CROSS TRAINING 12H30/13H20 KARINE				
CROSS TRAINING 18H15/19H05 ETIENNE/PHILIPPE	CROSS TRAINING 18H15/19H05 ETIENNE/PHILIPPE	CROSS TRAINING 18H15/19H05 ETIENNE/PHILIPPE	CROSS TRAINING 18H15/19H05 KARINE	CROSS TRAINING 18H15/19H05 ETIENNE/PHILIPPE
CROSS TRAINING 19H15/20H05 ETIENNE/PHILIPPE	CROSS TRAINING 19H15/20H05 ETIENNE/PHILIPPE	CROSS TRAINING 19H15/20H05 ETIENNE/PHILIPPE	CROSS TRAINING 19H15/20H05 KARINE	CROSS TRAINING 19H15/20H05 ETIENNE/PHILIPPE

COURS CROSS TRAINING 10€ DE PLUS SUR VOTRE ABONNEMENT POUR 1 OU 2 COURS/SEMAINE
 COURS CROSS TRAINING 20€ DE PLUS SUR VOTRE ABONNEMENT POUR 2 OU 3 COURS/SEMAINE
 COURS CROSS TRAINING 30€ DE PLUS SUR VOTRE ABONNEMENT COURS ILLIMITE